



MedCare Diagnostics @ Niagara Square

7555 Montrose Road - Unit E2, Niagara Falls - Ontario, L2H 2E9

Tel: (289) 292-0452

Email: niagara@medcarediagnostics.ca

Fax: (289) 292-0453

Web: www.medcarediagnostics.ca

**PLEASE FAX
COMPLETED FORM TO
289-292-0453**

MEDCARE DIAGNOSTICS WILL CONTACT
PATIENT TO SCHEDULE APPOINTMENT

REQUEST FOR CARDIAC DIAGNOSTICS & CONSULTATION

PATIENT INFORMATION

First Name _____
Last Name _____
Home Phone _____
Cell Phone _____
OHIP # _____ Expiry _____
Version Code _____
Gender _____
Date of Birth _____

PHYSICIAN INFORMATION

Name _____
Provider Billing # _____
Phone _____
Fax _____
Address _____

Send Copy To _____

EXAMINATION REQUESTED

- | | | |
|--|--|---|
| ☐ 24-Hour Ambulatory Blood Pressure Monitoring
<small>(\$60 Charge, Not Covered by OHIP)</small> | ☐ Holter Monitoring | ☐ Internal Medicine Consultation |
| ☐ Adult Echocardiogram | ☐ 24 Hour ☐ 48 Hour ☐ 72 Hour | ☐ First Available Consultant |
| ☐ Cardiac Rehab | ☐ Spirometry | ☐ Dr. Howard Miller |
| ☐ ECG | ☐ Exercise Stress Test (Treadmill) | ☐ Dr. Muhammad Khawar |
| | | ☐ Dr. Amr Abd El-Radi |

*A patient with a positive stress test will be booked for an immediate consult with one of our medical providers.

☐ Cardiology Consultation

REASON FOR TESTING

- | | | |
|--|---|---|
| ☐ Abnormal ECG | ☐ Heart Murmur | ☐ Post MI / Intervention |
| ☐ Atrial Arrhythmias (A. Fib / A. Flutter) | ☐ Hypertension | ☐ Pre/Post Op |
| ☐ Ventricular Arrhythmia | ☐ Known or suspected MVP with MR | ☐ Prosthetic Heart Valve |
| ☐ Bradycardia | ☐ Native Valvular Regurgitation | ☐ Pulmonary Disease |
| ☐ Chest Pain | ☐ Native Valvular Stenosis | ☐ Sleep Apnea |
| ☐ Chronic Heart Failure (Diastolic, Systolic) | ☐ Obesity | ☐ Dyspnea / SOB |
| ☐ Diabetes | ☐ Palpitations | ☐ Syncope |
| ☐ Dizziness / Lightheaded | ☐ Pericardial Disease / Effusion | ☐ Tachycardia |
| ☐ Pacemaker | ☐ Post CVA / TIA | ☐ A-Fib Rate Control |
| ☐ Weakness / Fatigue | ☐ LV Function | ☐ Post - PCI |
| ☐ Other/Clinical History: _____ | | |

CARDIOVASCULAR RISK REDUCTION PROGRAM

RISK FACTORS: (Check ALL Appropriate Boxes)

- | | | |
|--|--|--|
| ☐ Age | ☐ Obesity | ☐ Poor Diet |
| ☐ Family History | ☐ Diabetes Mellitus | ☐ Sedentary Lifestyle |
| ☐ Ethnicity | ☐ Hypertension | ☐ High Stress |
| ☐ Smoking History | ☐ Dyslipidemia | ☐ Metabolic Syndrome |

☐ URGENT/STAT

Physician Signature



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PATIENT PREPARATION AND INSTRUCTIONS

1. A valid OHIP card must be shown at every visit along with this requisition form
2. Bring current medication list
3. Please refrain from wearing any fragrances; we are a scent free environment
4. 24-hours notice is required for any appointment changes/cancellations
5. Please arrive 15-minutes before your appointment to register
6. Free parking is available

AMBULATORY BLOOD PRESSURE & HOLTER MONITORING

1. No body lotions 24-hours prior to test
2. Bathe before appointment; no bathing or swimming while wearing monitor
3. Wear loose fitting and comfortable clothing

EXERCISE STRESS TEST & STRESS ECHOCARDIOGRAM

1. No food, drink or smoking 2-hours prior to test
2. Wear loose fitting and comfortable clothing with walking/running shoes
3. Bring your inhaler/puffer if you have exercise induced asthma
4. If safe and advised by your physician, stop the follow medication(s) prior to test: Beta Blockers (48-hours), Nitrates (24-hours)
Calcium Channel Blockers (24-hours), Erectile Dysfunction medication (72-hours)
Do NOT stop medication on your own

NUCLEAR CARDIOLOGY

1. No caffeine 24-hours prior to test (coffee, tea, chocolate, pop and decaffeinated beverages)
2. No food, drink or smoking 4-hours prior to test
3. Wear loose fitting and comfortable clothing with walking/running shoes
4. If safe and advised by your physician, stop the follow medication(s) prior to test: Beta Blockers (48-hours), Nitrates (24-hours)
Calcium Channel Blockers (24-hours), Erectile Dysfunction medication (72-hours)
Do NOT stop medication on your own

SPIROMETRY

1. If safe and advised by your physician, stop any inhalers/puffers 24-hours prior to test
Do NOT stop any medication on your own

